

MASKS  
ARE  
OPTIONAL  
NOT  
REQUIRED

# Heights



## Panther Kinder Camp



### JULY 26TH-28TH

### 8:30 AM-11:30 AM

The Heights Panther Kinder Camp is open for new kindergarten students attending Heights for the 2021-2022 school year. **Panther Kinder Camp is FREE!** The camp will include a variety of new activities each day to help prepare your student for the first day of kindergarten.

### Activities

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- Morning drop off routine
- Afternoon Dismissal
- Walking through the halls
- Recess
- Snack time
- Coloring
- ABC/123
- Cutting with scissors
- Logging on to the computer
- Story time
- Kg daily schedule
- And much more



**Free  
Heights  
T-Shirt**



### Register by: July 21st

Call 239-481-1761 to sign your kindergarten student up today.

Panther Kinder Camp is **OPTIONAL** and not required



# WELCOME TO Heights Elementary IB WORLD SCHOOL



Welcome kindergarten families to Heights Elementary IB World School! We are very excited that your student will be attending kindergarten at Heights during the 2021-2022 school year and starting their academic journey with us. You likely have many questions about what this upcoming school year will bring, as well as how your student will do.

Sending your student off to school for the first time is an exciting milestone. I can assure you that our top priority is to make sure your student feels safe and grows academically, socially, and emotionally as a member of the Heights family.

If you're feeling a little sad about sending your little one off to school in August, here are a few things that might help the first couple of days:

- You're not alone. On the first day of school, trust me, there will be a sea of parents who are trying hard to hold back the tears as they say goodbye to their children. My advice: Put a smile on your face, wear sunglasses if you need to hide the tears, and tell your student how excited you are to hear all about their day when they get home. And on that note...
- Speak positively about school. It's tricky to get your child excited about school if one moment you're telling her how fun it's going to be and the next moment you're crying about sending them off.. Try hard to focus on all the positive things about school, whether that's meeting new friends, playing on the outdoor equipment, getting a new backpack, or going to PE, Art, Music, STEM or Cultural Studies.
- Keep the drop-off quick and simple. Resist the urge to give "one more hug" nine times and instead, keep drop-off happy and light. A hug and a kiss, "I can't wait to hear about your day," and a wave goodbye are perfect. Sticking around and making drop-off a 15 minute event is usually not helpful and on the contrary, can make the days ahead challenging. It's hard, super hard, to walk away if your child is upset that you're leaving but...
- Everything will be fine in a few minutes. The Heights staff is well-versed in giving students the support they need as they enter the classroom each day and equally experienced in distracting them and getting smiles on their faces. So many times, a child who is in tears in front of mom or dad, is perfectly happy moments later and settled into a fun activity. If your child is having a really difficult time, the teacher will let you know and the two of you can come up with a plan to ease the transition.
- Teachers spend many, many hours with the students in their class. They get to know so much about them and develop a relationship over the months they spend together. Know that you're sending your student off to someone who chose a career where they get to be with children every day – because that's what they love to do.



Scan the QR code to check out a quick video about what it's like to be a kindergarten student at Heights Elementary

